

# Memory Screening

A memory screen is a wellness tool that helps identify possible changes in memory and cognition.

It creates a baseline for a person who may be experiencing some memory issues, so that the future changes can be monitored.

Early detection has been proven to be critical in treating memory issues. Just as blood pressure, cancer, diabetes or stroke screening contribute to prevention and better treatments, so do memory screens.

Get immediate results and keep them for future comparison and/or share them with your physician.

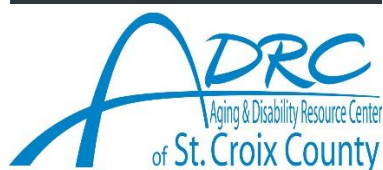
It's FREE, confidential, and takes only 10 minutes. This service is now offered at the Aging & Disability Resource Center of St. Croix County by trained memory screeners.

Please contact us at the Aging & Disability Resource Center of St. Croix County to schedule an appointment. Appointments can be held at the ADRC office or in your home.



## Frequently asked questions:

- Q.** Does the screening diagnose Dementia or Alzheimer's?
- A.** No, it does not diagnose. The screen is a tool to detect signs and symptoms of dementia that depending on the results may warrant a follow-up appointment with a qualified professional. Resources are provided.
- Q.** Who will be conducting the screening and how do I know they are qualified.
- A.** The screen is completed by the Dementia Care Specialist or one of the three Information and Assistant Specialists, all of whom are trained in completing the memory screening.
- Q.** I have noticed changes in my family member and I think it might be dementia. I don't know where to start or what to ask about. Would it be okay for me to talk to someone at your office?
- A.** Yes, we can provide information and resources at the Aging and Disability Resource Center. We can also complete the memory screen with your loved one, and provide referral information.



**Aging & Disability  
Resource Center  
of St. Croix County**

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